SUNDAY

Sun 2:00PM	**Hope Is Found Here** *Saint James Episcopal Church* 155 North 6th Street Zanesville, OH 43701	**O,D,To,WC**
Sun 2:00PM	**Real Deal Men's Group** *The Firehouse* 71 Maholm Street Newark, OH 43055	**C,D,M** *Men Only*
Sun 5:30PM	**New Way to Live** *The Gathering Place* 7 North Congress Street Athens, OH 45701	**O,RF,WC**
Sun 6:30PM	**New Beginnings** *Connexion West* 625 Garfield Ave Lancaster, OH 43130	**O,RF,WC** *7th street entrance*
Sun 7:00PM	**I Can't But We Can** *Union Baptist Church* 56 8th St Zanesville, OH 43701	**O,RF,WC** *MEASCNA*
Sun 7:00PM	**We Recover Together Group** *2nd Baptist Church* 19 W. National Dr. Newark, OH 43055	**O,CL,D,To,WC**

MONDAY

Mon 6:00PM	**We Thrive** *Coshocton Senior Center* 201 Browns Lane Coshocton, OH 43812	**O,D,WC**
Mon 6:30PM	**We Care Group** *Connexion West* 625 Garfield Ave Lancaster, OH 43130	**O,RF,WC** *7th street entrance*
Mon 7:00PM	**Clean & Serene Group** *Engage Newark* 1415 Londondale Pkwy Newark, OH 43055	**O,BT,D,RF,So,WC,LC**
Mon 7:00PM	**Hope Is Found Here** *St. James Episcopal Church* 155 North 6th Street Zanesville, OH 43701	**C,CL,D,To,WC**

TUESDAY

Tue 6:30PM	**Twin City NA** *Malta UMC Youth Building* 115 4th Street Malta, OH 43758	**RF,WC**
Tue 6:30PM	**We Care Group** *Connexion West* 625 Garfield Ave Lancaster, OH 43130	**O,RF,WC** *Entrance in Back*
Tue 7:00PM	**Hope In The Hills** *The People's Church* 30811 Lake Logan Rd Logan, OH 43138	**O,RF** *Side Door*
Tue 7:00PM	**LSD Group** *The Freedom Center* 106 East Gambier Street Mount Vernon, Ohio 43050	**O,To,BK**
Tue 7:00PM	**Living in the Solution** *Neal Avenue Methodist Church* 12 Neal Avenue Newark, OH 43055	**O,D,To,BK**
Tue 7:00PM	**Pheonix Group** *Stop 9 Senior Center* 60313 Southgate Parkway Byesville, OH 43723	**O,RF,WC**
Tue 7:00PM	**We Do Recover Group** *Immanuel Church Zanesville* 105 S 7th St Zanesville, OH 43701	**O,D,To,WC,SPAD**

WEDNESDAY

Wed 12:30PM	**Hug Life** *Maple Street United Methodist* 438 East Wheeling Street Lancaster, OH 43130	**O,RF** *Maple St Entrance*
Wed 1:30PM	**The Main Event** *Salvation Army* 250 East Main Street Newark, OH 43055	**O,RF,WC**
Wed 6:30PM	**We Care Group** *Connexion West* 625 Garfield Ave Lancaster, OH 43130	**O,WC** *Entrance in Back*
Wed 7:00PM	**Gratitude Speaks** *Trinity Evangelical Lutheran* 128 S 7th St Zanesville, OH 43701	**RF**
Wed 7:00PM	**No Matter What** *New Lex First United Methodist* 126 South High Street New Lexington, OH 43764	**O,RF,So,WC** *Entrance in Back*
Wed 7:00PM	**Therapeutic Value Group** *Guernsey Health Choices* 1009 steubenville ave Cambridge, OH 43725	**O,D**
Wed 7:00PM	**This is the Way** *Salvation Army* 250 East Main Street Newark, OH 43055	**O,RF,So,To,WC**

THURSDAY

Thu 12:15PM	**Diamond Life** *LAPP* 62 East Stevens Street Newark, OH 43055	**O,RF,W,WC** *Women Only*
Thu 6:30PM	**Freedom Group** *Shining Light Chruch* 1868 East Main Street Lancaster, OH 43130	**O,RF,So,WC,BK**
Thu 7:00PM	**Another Chance** *The Firehouse* 71 Maholm Street Newark, OH 43055	**O,RF,WC**
Thu 7:00PM	**Ties That Bind Group** *Faith United Methodist Church* 261 East Main Street Newark, OH 43055	**O,BT,IW,JT,BK,LS,LC** *Back Lot/Downstairs*
Thu 7:00PM	**We Do Recover Group** *Immanuel Church Zanesville* 105 S 7th St Zanesville, OH 43701	**O,D,JT,To,WC**

FRIDAY

Fri 6:30PM	**We Care Group** *Connexion West* 625 Garfield Ave Lancaster, OH 43130	**O,RF,WC** *Entrance in Back*
Fri 7:00PM	**Hope Is Found Here** *Saint James Episcopal Church* 155 North 6th Street Zanesville, OH 43701	**O,D,To,WC**
Fri 7:00PM	**Love Ya Lots** *Saint Paul's Lutheran Church* 67 North Fifth Street Newark, OH 43055	**O,RF,So,WC** *Rear Entrance*

SATURDAY

Sat 10:00AM	**W.I.N.A Group** *Newark Civic Center* 136 East Main Street Newark, OH 43055	**O,D,W,WC** *Women Only Back Entrance*
Sat 12:30PM	**Hug Life** *Maple Street United Methodist* 438 East Wheeling Street Lancaster, OH 43130	**O,RF** *Maple St Entrance*
Sat 12:30PM	**We Live to Tell Group** *Faith United Methodist Church* 261 East Main Street Newark, OH 43055	**O,D,WC**
Sat 7:00PM	**Saturday Night Alive Group** *United Methodist Church* 12 Neal Avenue Newark, OH 43055	**O,D,So,To**
Sat 7:00PM	**We Do Recover Group** *Immanuel Church Zanesville* 105 S 7th St Zanesville, OH 43701	**O,So,WC,BK**

MEETING FORMAT LEGEND

BT	Basic Text	C	Closed
CL	Candlelight	D	Discussion
M	Men	O	Open
RF	Rotating Format	So	Speaker Only
To	Topic	W	Women
WC	Wheelchair	BK	Book Study
LC	Living Clean	LS	Literature Study
JT	Just for Today	IW	It Works -How and Why
SPAD	A Spiritual Principle a Day		

HELPLINES

Ohio Region (ORSCNA) **800-587-4232**

SERVICE MEETINGS

MEASCNA Area Service Meeting

261 E Main St, Newark, OH
1st Monday of the month @ 630PM.
In case of holiday, meeting is held following Monday. All subcommittee times and locations will be announced at Area Service.

Who is an Addict?

Most of us do not have to think twice about this question. We know! Our whole life and thinking was centered in drugs in one form or another—the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions, and death.

What is the NA Program?

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work. There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion. We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

PHONE NUMBERS

In memory of those that came before us,
Thank You...

What is our message?

The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.

Basic Text, *page 65*

MID EAST OHIO AREA
MEETING LIST
NOVEMBER 2026

24-HOUR HELPLINE
800–587–4232

Mid-East Area Service Committee of NA **PO Box 524** **Newark, OH 43055** **https://www.meascna.org**
Ohio Region (ORSCNA) **Information Phone Line** **1-800-587-4232** **https://www.naohio.org**
Narcotics Anonymous World Services **1-818-773-9999** **https://www.na.org**

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 37